**COME FIND HOPE**  
Here’s what we can offer you...

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**BOWERY CAMPUS**

-watercolor

**DAILY MEALS** *(Optional chapel service 1 hour before meals)*  
Breakfast: 8 a.m. | Lunch: 1 p.m. | Dinner: 5:30 p.m.

**CLOTHING & SHOWERS**  
Showers: Showers & clothing offered on a first come, first served basis.  
Mon: first 10 women only; Wed - Fri: first 20 men only. Line begins at 9:30 a.m.

-watercolor

**MEDICAL** *(Project Renewal Mobile MedVan)*  
Tuesday: 9 a.m. - 2 p.m. & Thursday: 2 p.m. - 5 p.m.

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**TRIBECA CAMPUS**  
*(All services listed are available to Emergency Shelter guests only)*

-watercolor

**EMERGENCY SHELTER**  
Women’s Intake: 3 p.m. | Men’s Intake: 3:45 p.m.  
Safe, hospitable overnight shelter includes daily meals, showers, clothing requests & Day Center services. Walk in or call for more information.

-watercolor

**INVITATION TO JOIN RESIDENTIAL PROGRAMS**  
The Bowery Mission’s faith-based Residential Programs provide a caring and safe environment to achieve personal goals for life and work, heal from past trauma and overcome barriers to independent living. Learn more online at bowery.org/get-help or call (212) 226-6214 to set up a phone assessment with a Clinical Ambassador.

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**Bowery Campus**

227 Bowery | (212) 674-3456  
Between Prince St. & Rivington St.

-watercolor

**Tribeca Campus**

90 Lafayette St. | (212) 226-6214  
Between White St. & Walker St.

-watercolor

-Red Doors

**Tribeca Campus**

-watercolor

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